San Gabriel Valley Grief Resource & Training Center

Teen Grief Support Group

- Thursdays, from 7:00 pm to 8:15 pm
- Online Support Group
- Ages 14 to 18

This group is for teens that have experienced the death of a significant person. Meetings focus on re-establishing a sense of normalcy & provides participants with coping skills and the opportunity to connect with peers.

Suggested donation of $100 per month.

Contact SGVGRTC to sign-up or for more information at 626.866.1748 or email jennifernyhan@sangabrielvalleygrief.org

SGVGRTC provides affordable grief resources including individual and family grief therapy, support groups, community education, and outreach about grief and loss.